

Vitality Checks available!

at your local health department



Questions?

Call Bernice Crook at (270) 821-5242, ext. 250 or email BerniceL.Crook@ky.gov

General questions?

HumanaVitality
(855) 478-1623

Get your Vitality Check (biometric screening) and start LivingWell.

Hopkins County

Saturday, Oct. 24

**Hopkins County Health
Dept.
412 North Kentucky
Avenue
Madisonville**

Follow three easy steps!

Step 1: Pick a time

The Vitality Checks will run from 7 - 10 a.m. Appointments can be made but are not required.

Step 2: Get your screening

Fast for at least nine hours prior to your Vitality Check.

Bring your HumanaVitality ID card and a photo ID.

Step 3: Get rewards

HumanaVitality rewards you for getting your Vitality Check. You receive 2,000 Vitality Points just for completing and up to an additional 2,000 Vitality Points for results in healthy ranges. Earn even more points by completing the online assessment, too.

The biometric screening consists of a finger prick to measure your cholesterol and blood glucose, blood pressure check, and height, weight, and waist circumference measurements.

LivingWell Humana Vitality

Visit LivingWell.ky.gov to learn about all your wellness benefits.



Questions?
[Contact Us](#)



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